

Southeast Region HHI report: January 2013

Arkansas County: The Arkansas County Partners in Health (ACPIH) received the ARCOP grant and will represent the SE region at trainings.

The Community Health Nurse Specialist and Public Health Educator provided a special presentation to parents at the Gillette school district on Drug Take Back and Home Safety.

The ACPIH is attempting to have more food for the Commodities program by asking local business to have canned food as the entry fee at events such as the Movies in the Park and the Bowling Alley

53 students participated in a presentation covering portion control and proper number of serving sizes and the importance of physical activity at the Park Avenue Elementary, 21st Century After School Program.

Ashley County: An ATV safety class was held for about 30 people with hunter's education also covered and basic 1st Aid. The participants were aged 6-19.

Weight Watchers is now being implemented every Tuesday.

A new program called "Renew You Weight Loss Boot Camp" has started with the Cooperative Extension and LHU administrator collaborating together. The Administrator assisted with baseline data and distributed my plate information to 55 participants.

Cleveland County: A "Family Fun Night" was held at a local church where tobacco education was provided to 56 church members and Blood Pressure checks were conducted.

The coalition had a guest speaker from UAMS Injury Prevention talk on ATV Safety Awareness and tool kits were distributed to the group, as Cleveland County has been selected as one of two counties to focus on with ATV safety.

Chicot County: The Chicot County HHI Coalition received \$1000.00 from the Eunice Shriver fund for SIDS/SUDS education. This grant will work with the Birthing Project.

The Self Check Blood Pressure machines showed 76 people had used them with 17 people recording they had high BP.

Desha County: The new self check Blood Pressure monitors are being used at sites throughout the county.

Drew County: The Drew County H.E.A.L.T.H. coalition received a mini-grant from the PRC to purchase a prescription drop box for Drew County. The box will be located at the Monticello Police Department and is a concerted effort in an attempt to collect prescription medications out

of the homes in Drew County because of their potential for abuse. This will be a permanent box to continue the National Take-Back Initiative.

The coalition placed a self check blood pressure monitor at the Drew Central School to help aid staff members who are participating in the Weight Loss Program. The staff members exercise and use the BP monitor to track their progress during the program

Jefferson County: The Community Health Nurse Specialist taught the Gatekeeper Training on Suicide Prevention to teachers of several schools in Jefferson County. Approximately 28 attendees learned the warning signs of teen depression and suicide.

Local grocery store managers were contacted about placing signage to promote eating more fresh fruit and vegetables and placing some fruits at the front of the store to increase people choosing healthy option at check out counters instead of candy as part of the Growing Healthy Communities ARCOP grant.

Rosemary Withers, the CHPS, is teaching a Cooking Matters for Adults with 18 attendees. Nutrition, shopping on a budget and cooking safety is taught.

Lee County: The Lee County HHI just celebrated 12 years of coalition collaboration with lunch and discussion of successes. 17 people attended.

St. Francis; A youth walking program sponsored by the Lee County Family Resource Center and supported by the St. Francis County HHI coalition youth committee kicked off a three month walking and community service project on Martin Luther King Day. This event was one of many steps to fight against childhood obesity in St. Francis County. The youth plan to obtain sponsorships for miles walked during this period and raise funds for a charity in the St. Francis County Area. The funding for the project came from YSA (Youth Service America) and United Health Heroes.

The LHU administrator is going to the local Soup Kitchen one Monday a month and reviewing LHU services with participants.

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The Birthing Project USA in Chicot County held its Coast-to-Coast community baby shower in Dermott celebrating the 14 healthy babies born in this community. This shower is held nationally with all Birthing Projects on the same day to discuss safe sleep, important of breast feeding and continued nurturing of the babies.